

# Aromatherapy and Reiki Healing

- Body and Face Massage using Essential Oils
- Feel Relaxed & Revitalised
- Qualified Aromatherapist (ITEC)



**Aromatherapy** massage is the ancient art of applying essential oils to the skin using special hand techniques. The process helps with relaxation, to loosen tight muscles, unblock tissues and is soothing to the nervous system.

**Reiki Healing.** Reiki is a form of hands-on healing which helps to bring balance to the body on all levels – physical, emotional, mental and spiritual.

**All treatments are carried out, by appointment only, at my relaxing treatment room located in Walton, Peterborough.**

*Home visits are available for special circumstances.*

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| • Aromatherapy Massage (Full Body):             | <b>£40</b>    |
| • Aromatherapy Massage (Back, Neck & Shoulder): | <b>£27.50</b> |
| • Reiki Healing (1 hour session):               | <b>£30</b>    |
| • Reiki Healing (1/2 hour session):             | <b>£20</b>    |
| • Detox Foot Spa (one session):                 | <b>£27.50</b> |

For further details please telephone or email *Janet Thornton* on:

**Telephone: 07795 483 462**

**Please check my website for further information and details of special offers, etc.**

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